**WELCOME TO** 

# The Montessori School Academy

THE MONTESSORI SCHOOL MAKEOVER

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AN ONLINE PROGRAM

Workbook 1 - An Introduction



# Modules

### THE MONTESSORI SCHOOL ACADEMY

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- 2. The Montessori Philosophy
- 3. The Montessori Child
- 4. The Montessori Teacher
- S. The Montessori Environment
- 6. The Montessori Materials
- 7. The Montessori Curriculum
- 8. Managing a Montessori School
- 9. The Montessori Parent
- 10. Transforming Your Montessori School



**₩** MODULE 1

We start at the very beginning: YOU
If we do not deal with you, what you
know and learn about Montessori will
not change a thing!

## **Things To Do**

- 1. List your limiting beliefs
- 2. Destroy the paper you wrote them on
- 3. Write out your new vision and beliefs
  - 4. Read these as affirmations daily
  - 5. Make a Vision Board for yourself
- **QUESTIONS TO HELP YOU GET STARTED**

YOUR NEW BELIEFS AND AFFIRMATIONS
What doubts do you have about your
Montessori School?

What do you believe about your Montessori School?

How often will you say these out loud?

When will you say these out loud to yourself?



**♥** NOTES CONTINUED

YOUR NEW BELIEFS AND AFFIRMATIONS

**MODULE 1** 

#### **VISION BOARD**

Thoughts to help your get started.

Vision boards help you create a picture a space of all the things you want.

Focus on how you want to feel: happy, relaxed, comfortable, joyful. Think and find the things that represent those feelings

What you will need:-

A pair of scissors, cardboard paper, notice board, glue, sticker and a marker.

Magazines, images of people, places, quotes you would like to see everyday.

Time to put everything together, give yourself ample time, don't let the light bugs (NEPA) stop you. Plan wisely



**VISION BOARD** 

Picture of Your Vision Board